

DISCOVERING
GOD ALIVE IN EVERY MOMENT

ICSSD

Institute for Catholic Spirituality and Spiritual Direction www.ICSSD.org

Institute for Catholic Spirituality & Spiritual Direction

A Private Association for the Christian Faithful recognized by the Bishop of Stockton

*Program under the guidance of Verbum Dei Sisters & Companioned by The Jesuit School of
Theology Santa Clara University at Berkeley Presents*

Open House and Introductory Sessions

to the

3 year training program in Spirituality and Spiritual Direction

Come along to our open house and Introductory sessions and learn more about our spiritual direction program
Starting in September 2017.

January 29th 2017: Lectio Divina

March 26th 2017: Prayer With Icons

May 28th 2017: Centering Prayer. (Jesus' prayer)

August 27th 2017: Journaling Prayer

Sundays From 10am to 12pm

Classes will be held at
Seeds of Life Spirituality Center
31448 Hwy 33
Tracy, CA 95304
(209) 637-3404/ (916) 274-1499